



## VOLLEYBALL RULES

Umpires have the full support of the Centre Management and their decision should be respected by all the players.

Any constructive criticism should be directed at management for discussion with the Umpires.

Offensive Language will not be tolerated.

It is the Team Captains responsibility to ensure that players who have had excessive amounts of alcohol do not play.

An automatic suspension of one week will apply to any player sent off for the duration of the game.

### THE GAME

The game consists of 2 x 20 minute halves

Service will be determined by Rally for Service. Whoever serves at the start of the first half, the opposing team will serve for the start of the second half.

Each player will serve at least once, as the serving works on a rotational basis (clockwise)

### THE TEAM

The game consists of a maximum of 4 -6 players & a minimum of 2 players on the court at the You are permitted to use 4 substitutes.

Any imbalance in female favour is accepted.

If imbalance is in men's favour, then the maximum is two males.

Substitutes may leave and return to the playing area on their own team's service only. They must replace the male or female in the position that the person was leaving in. The referee must be notified of all substitutions.

All teams must be ready to play 10 minutes prior to the scheduled starting time.

**Only teams who are up to date, with all monies paid will be able to participate in semi finals & grand finals. Otherwise the next highest ranked financial team will progress into their position.**

### DRESS

Footwear – All participants MUST wear shoes. **(Definitely no thongs). NO PLAYER CAN PLAY BAREFOOTED.**

## **SHIRTS – MUST BE THE SAME COLOUR**

**Shirts worn inside out are not permitted.**

## **SCORING**

Only the serving team may score.

A serving player must serve from behind the baseline.

The score will be a running total from half to half.

**FULL TEAM PAYMENT MUST BE MADE PRIOR TO THE SCHEDULED STARTING TIME OF THE MATCH**

## **FORFEITS**

If a team forfeits a FORFEIT FEE of MATCH PAYMENT must be paid before next game.

## **RULES**

The ball cannot be caught or thrown.

A team may hit the ball no more than three (3) times before sending it back over the net.

No player may touch the ball twice in a row, unless the first touch was blocking an opponents hit.

Both the side netting and top netting are in play, except on service plays.

The ball is out of play if one team commits an error or a foul.

The service must not touch the top net, the centre net or the side net, & must go over the centre net on the full without being touched by any player.

Touching the centre net while making a play at the ball or hitting the ball, is a loss of service.

The player when serving must have both feet in the serving square.

Players must serve in underarm motion.

**The ball must be hit in the air and cannot be carried with a lifting/carrying motion – a ball hit with two open hands in an upward direction – and will result in the loss of service.**

Crossing the centre line mark under the centre net, to the opposition's side, is offside, resulting in loss of service.

Return of service – ball **must** be touched twice before coming back over the net and **cannot rebound off the top net.**

No intentional heading – loss of service will apply.

No intentional kicking of the ball – loss of service and 5 game points

ONLY players who have played one third of the competition games qualify for all finals. **UNDER NO CIRCUMSTANCES WILL THIS RULE BE FLEXIBLE.**

